



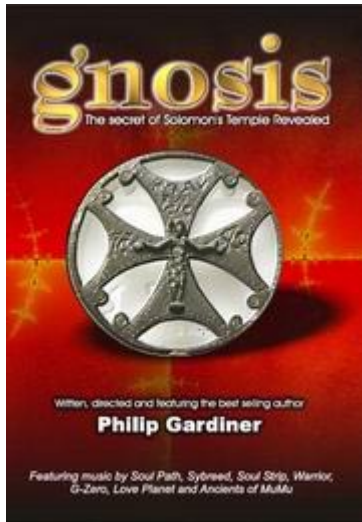
# New Age Books Abroad

**Volume 5, Number 3, Winter 2007. A Division of New Paradigm Books.** 22491  
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## GNOSIS: The Secret of Solomon's Temple Revealed

DVD written and directed by and featuring Philip Gardiner



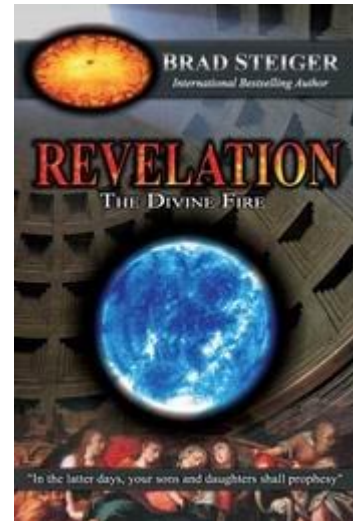
**ISBN 0-9777904-7-9. DVD. 57 mins. RYE 1001. Featuring music by Soul Path, Sybreed, Soul Strip, Warrior, G-Zero, Love Planet and Ancients of MuMu. Reality Press. October 15, 2006. Reality Films. \$24.95.**

Hailed as "the next Graham Hancock," Philip Gardiner is a best-selling U.K. author who has been researching the world of the esoteric for over 15 years. His critically acclaimed books include *Proof: Does God Exist?*, *The Shining Ones: The World's Most Powerful Secret Societies Revealed*, *The Serpent Grail*, and *Secrets of the Serpent: In Search of the Sacred Past*. With his new DVD, *Gnosis: The Secret of Solomon's Temple Revealed*, Gardiner proposes that not only did Solomon's Temple as we know it not exist, but in fact had a much deeper significance. For generations, scholars and researchers have tried in vain to discover the fabled Temple of Solomon, only to be confronted by one problem after another. From the Queen of Sheba and the arcane secrets of the Christian Gnostics to the Muslim Sufis and Hindu Avatars, *Gnosis* weaves a tale that is both profound and precise. Gardiner declares that the truth of Solomon's Temple has been known all along within the realm of esoteric understanding. Only one question remains: Is the world ready for the truth? Find the true secret of the Knights Templar and the mysteries of the ancients. This is the story that has been kept from the ears of mankind for too long.

*Gnosis: The Secret of Solomon's Temple Revealed* reveals:

- \* The real secrets brought back by the infamous Knight's Templars;
- \* The truth at the heart of ancient freemasonry;
- \* The truth behind the real Grail and the Da Vinci Code;
- \* The real identities of Solomon and Sheba;
- \* The secret of Solomon's Temple;
- \* The ancient and sacred nature of our quantum existence.

## REVELATION: The Divine Fire By Brad Steiger



**ISBN 0-9777904-7-9. Paperback. 258 pp. November 1, 2006. Reality Press. \$19.95.**

A Biblical prediction says that, "In the latter days, your sons and daughters shall prophesy." Brad Steiger has communicated with literally hundreds of individuals who claim to have received messages directly from God—or from spacemen, angels, spirit guides and other superhuman entities. It would be easy to dismiss these latter-day prophets as deluded, but, amazingly, their revelations all have an internal consistency, a common theme: a time of judgment is at hand, and humankind must change its ways to avert disaster.

Moreover, contemporary housewives, business executives, and "Jesus people" are experiencing the same symptoms of revelation—a blinding light, a voice out of nowhere, an impulse to take on a new name and a new life. On the track of the elusive source of these messages, Steiger examines: the spread of glossolalia and faith-healing; the folklore of elves and leprechauns; the awesome cases where a revelator's body is briefly occupied by an outside personality; the mysterious "Elijah" tradition of the Bible that suggests that the great prophets (perhaps even Jesus) were possessed by a single entity; and the latest laboratory research into consciousness expansion. Reality Press is pleased to re-release this classic which, first released in the 70's, is all the more relevant and poignant today.

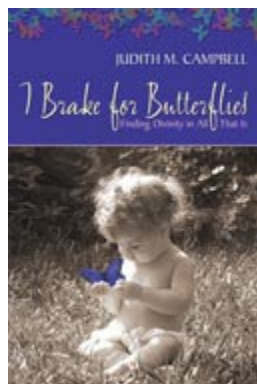
**ABOUT THE AUTHOR:** Brad Steiger is an internationally best-selling author of over 150 books, with 17 million copies in print. He is the voice of Reality Audio Books.

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# I Brake For Butterflies (FINDING DIVINITY IN ALL THAT IS)

By Judith M. Campbell



NEW AGE BOOKS ABROAD, 5-3

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ISBN # 1-897113-45-5. Paperback. 110 pp. September 2006. General Store Publishing House. \$19.95.

God outsmarted the scientists when "He" created the world. He made it virtually impossible to prove His existence—except through belief!—thanks be to God!

Judith Campbell challenges us to look for, find, and honour the divine happenings that weave their way through the tapestry of our lives. She teaches us how to find meaning in life by acknowledging the divinity we all have within us and by understanding that it is this that connects us to each other and to a higher power in the universe. In this place of spiritual connectedness, inertia and depression are replaced by excitement. We realize our human potential and can finally experience inner and outer peace.

"To live meaningfully, we need guidelines and direction, a compass. Judith Campbell provides these, and more, in this all encompassing book that is sure to evoke our spiritual butterflies." - Rabbi Reuven P. Bulka

**About the Author:** Judith M. Campbell is a Wellness Consultant with over thirty years' experience in community and occupational health nursing, fifteen of which were served at a senior management level. She began her journey as an energy worker in 1993. Since retiring from active nursing service, she has added to her energy-healing practice the teaching of body, mind, and spirit awareness courses, workshops, and retreats.

She started her writing career shortly after retiring. Her first book, *energwellness.ca*, was published in 2004. Since that time, she has begun a series of children's books on the subject of body, mind, and spirit awareness, called *Joey Wholeness*.

She is a lover of nature, a walker, a singer, a curler, and a yoga enthusiast, and is devoted to her family. Her life's journey has quite naturally led her on her own spiritual quest, which has culminated in a deep understanding and respect for the spiritual dimension within humanity and throughout creation. It is this understanding that she most wishes to convey to others through her creative writing and teaching.

She shares her love for life, family, and friends with her best friend, husband, and teacher, David.

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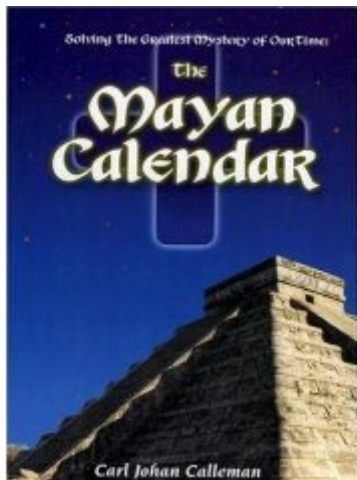
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# Solving the Greatest Mystery of Our Time: THE MAYAN CALENDAR

By Carl Calleman, Ph. D.



**ISBN # 09707558-0-5. Paperback. 260 pp. Ill. 2001. Garev Publishing International. \$24.95.**

It has long been suspected that the solutions to the great enigmas of human existence lie with the Maya, the most advanced of all the ancient civilizations of Mesoamerica. So far, Mayan culture has had little impact on modern thought. *Solving the Greatest Mystery of Our Time: The Mayan Calendar*, by Carl Calleman, Ph.D., demonstrates convincingly that the calendar of the Maya is the place where science and spirituality meet to complete the vision of modern man.

Dr. Calleman's book situates the true meaning of the calendrical system of the Maya in a larger context. It is not a book meant primarily to enhance our understanding of the Maya, but one meant to lead us to an understanding of our place in the cosmos. The Mayan Calendar is the most important tool we have for understanding what it means to be a human being. *Solving the Greatest Mystery of Our Time: The Mayan Calendar* tells the story of one of the greatest changes that ever took place in human thinking: the unification by the Mayan calendar, into a single system, of every religion and school of thought known to humanity. In unfolding the true meaning of the Calendar, Dr. Calleman makes it clear that we are living in a world that evolved according to a pre-set schedule provided by the Mayan Calendar—and one which will culminate on October 28, 2011.

*"The more you read this book, the more impressive and meaningful Calleman's historical focus becomes....explains events that would seem otherwise random, and it gives certain coherence to the patterns of world history....packed with an astounding level of research....a totally new way of understanding our history and our possible future."* - Robert Burns, *New Dawn*, January-February, 2005.

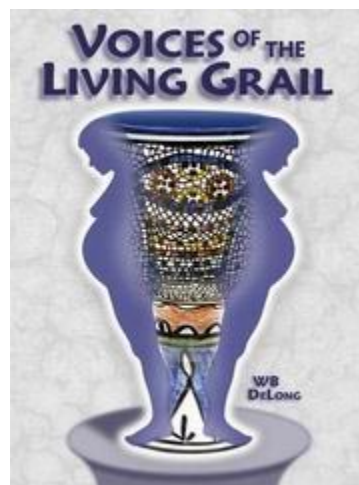
**ABOUT THE AUTHOR:** Carl Calleman, Ph.D. in Molecular Biology, lives and works in Sweden. Dr. Calleman has devoted many years to a scholarly study of the Mayan Calendar and has made many in-depth visits to Mexico and Latin America. He has concentrated on unlocking the secrets of the Calendar and is now able to present his findings in this publication.

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# Voices of the Living Grail

By W. B. DeLong



**ISBN # 1-4184-8828-3. Paperback. 322 pp. October 2004. Freespring Media. \$18.95. FINALIST, 2005 COVR Visionary Awards.**

Do you have the courage to read this book? Are you open to startling spiritual insights? Do you love spiritual adventure and suspense? Are you willing to hear about solid new evidence on the relationship of Jesus and Mary Magdalene? Do you care about the true foundations of faith?

Set in a thirteenth century European kingdom ruled by Grail descendants, including an heir of Jesus Christ, *Voices of the Living Grail* is a dramatic novel that begins with the discovery of a moldering codex and follows the life and trials of Parsus, a troubadour whose ties lie not only to his art of music, but also to an ancient religious line. His survival is threatened by the dark reaches of a cardinal determined to use the ruthlessness of the Inquisition to "save the souls of the heretics from Satan's fires" and quell destabilizing rumors about a holy family as revealed in ancient manuscripts.

Ultimately a parable about the violence, greed and fanaticism that prevent humanity from advancing in its spiritual evolution, *Voices of the Living Grail* is a suspenseful, engaging, and vividly told novel that embraces the virtues of true spirituality even as it ponders higher mysteries—as well as the crueler mortal mysteries concerning man's inhumanity to man in the name of God. [*Midwest Book Review* review]

*"This exceptionally well-researched novel is filled with as much fictional excitement as it is historical mystery. The characters open the reader's mind to new thoughts regarding spirituality and the paths we all walk. This is a book you'll want to read more than once!"* - Rev. Arlene J. Colver, author, *Magdalen's Way*.

*"Thanks for a stimulating and provocative interview. Your material is fascinating and the book is so well-written. It was great having you on the show."* - Jordan Rich, *The Jordan Rich Show*, WBZ, Boston.

**ABOUT THE AUTHOR:** W. B. DeLong is a student of human consciousness and spiritual paths, with interests in mystical Christianity, Buddhism, the Tao, Sufism, Hinduism, Yoga, the Kabbalah, and nature-based spirituality. He was a San Francisco neurosurgeon for over 30 years and now lives in N. Central Idaho with his wife and their four dogs.

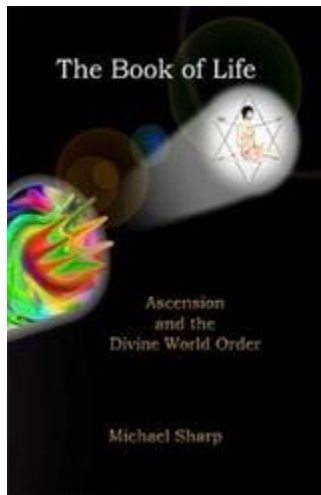
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Website: <http://www.livinggrail.com>

# The Book of Life

## Ascension and the Divine World Order

By Dr. Michael Sharp



ISBN: 0-9735379-0-6. 142 pp. Paperback. 2003. Avatar Publications. \$14.99.

Finally, here is the Truth in a form that everyone can understand. Michael Sharp has done a spectacular job of presenting the deep spiritual truths of creation and of this planet in an accessible, direct, and no-nonsense format. In *The Book of Life* learn all you need to know in order to understand and navigate the dramatic global changes now unfolding. Everything from the energetic nature of the universe through karma, prophecy, the Annunaki, the failed ascension attempts of Atlantis/Lemuria and our current (and successful!) ascension work is laid out in appealing fashion. Once you pick it up, you cannot put it down.

*"I just finished The Book of Life, Dossier of the Ascension, and The Song of Creation. What an extraordinary contribution you've made to the enlightenment of our little species! These are the best spiritual books I've read since Yogananda's commentary on the Gita."* — William T. Hathaway, author, **Summer Snow**.

*"I have read your Book of Life and at the moment I am reading The Dossier. I wish to thank you for your work. I have been reading and searching for answers for years and only since reading your books can I make sense of this world."* — Mary Mcleod.

**About the Author:** Dr. Michael Sharp is an internationally known mystic and spiritual writer who has written books on chakra/kundalini activation, the nature of god, our spiritual purpose, and more. As critic and commentator alike has noted, Sharp is true to his name. He writes in an highly accessible and grounded style that is pointed, uplifting, and deeply transformative.

As an author, Michael's goal is to create what he likes to call The Lightning Path. The Lightning Path is a rapid (and safe) system of spiritual enlightenment and empowerment. Michael, a happily married father of four, has written five books for Avatar Publications. His sixth book, Volume Two of his critically acclaimed *Book of Light* series, will be published towards the end of 2007. Visit him at <<http://www.michaelsharp.org>>.

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# The Dossier of Ascension

## A Practical Guide to Chakra Activation and Kundalini Awakening

By Dr. Michael Sharp



ISBN: 0-9735379-3-0. 234 pp. Paperback. 2005. Avatar Publications. \$15.99.

*The Dossier of the Ascension* is the owner's manual for your physical body. Learn about your body as energy system and manifestation device. Learn how to clear the chakra pipes and safely awaken kundalini. Move from disconnected and energetically impotent body to connected and powerful co-creator of your physical world in weeks instead of decades and lifetimes. Easy peasy lemon squeezy.

Once you experience the lightning flash of enlightenment and power of your own divinity, you won't ever go back to before.

*"I have read quite a few books on ascension and yours are definitely the best."* — Anthea Torr, Editor, **Biophile Magazine** <<http://www.biophile.co.za>>.

*"I have completed your great book The Dossier of Ascension and, yes, I agree.....WOW (but I already knew I would feel this way, having read The Book of Life and Song of Creation before reading your most recent books). I still keep going back to your books when I think of something I need clarity on (especially chakras and balancing them). For me, your book goes great with Books Three and Four of the Ra material. Thanks for sharing your spark through your books....You have been gifted with this info as you had the potential to be able to spread this good news. An amazingly clear, no fuss, and straight- to-the-point way of describing as best we can something as magical and wonderful as what we are preparing for. Bring on the love and understanding and forgiveness, I say!—and let's start now."* — Joel B.

*"The picture of reality that Michael Sharp presented [is] so breathtakingly grand, so unbelievably comprehensive and spiritually beautiful, that I said to myself I would rather try this configuration of the truth and be wrong, than be right about anything else that I had ever come across."* — Kelley Gardener.

**About the Author:** See previous column.

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Website: <<http://www.avatarpublication.com>>  
Website: <<http://www.michaelsharp.org>>

# The Book of Light

(Volume One:) The Nature of God, the  
Structure of Consciousness, and the  
Universe Within You

By Dr. Michael Sharp



ISBN: 0-9738555-2-5. Paperback. 138 pp. 2006. Avatar Publications. \$12.99.

In *The Book of Light*, Michael shows you the complete truth about God, the universe, and you. Within the grounded and elegant pages of this book, you will find the answers to top level theological/cosmological questions like “what is the nature of God and consciousness?”, “what is the nature of the physical universe?”, “what is our highest purpose?”, “what is our essential nature” and more. If you ever thought that spiritual enlightenment required sacrifice, strength, or years of effort, if you think that only “the special/the chosen/the few/the evolved” get to be enlightened/saved/go to heaven, if you think ego has anything to do with enlightenment at all, think again. Remember the simple and glorious truth of your divinity. Read *The Book of Light* and find the divinity within you.

*“Michael, I have read three of your books, and you are by far the best writer I have ever known when talking about the complex issues of the human spirit.”* — Ryan R.

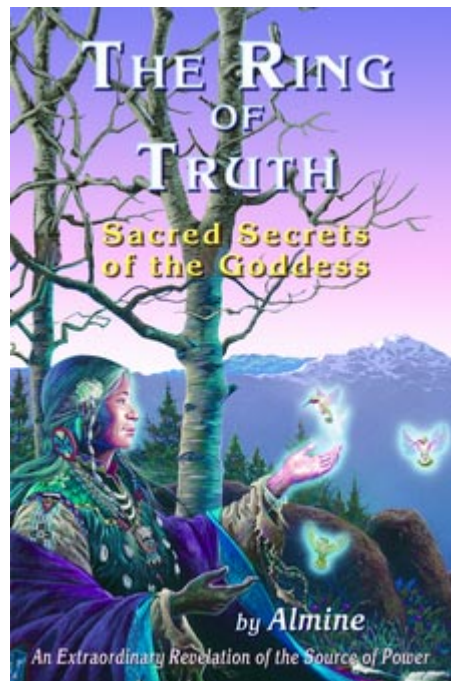
**About the Author:** Dr. Michael Sharp is an internationally known mystic and spiritual writer who has written books on chakra/kundalini activation, the nature of god, our spiritual purpose, and more. As critic and commentator alike has noted, Sharp is true to his name. He writes in an highly accessible and grounded style that is pointed, uplifting, and deeply transformative.

As an author, Michael’s goal is to create what he likes to call *The Lightning Path*. The *Lightning Path* is a rapid (and safe) system of spiritual enlightenment and empowerment. Michael, a happily married father of four, has written five books for Avatar Publications. His sixth book, Volume Two of his critically acclaimed *Book of Light* series, will be published towards the end of 2007. Visit him at <<http://www.michaelsharp.org>>.

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Website: <<http://www.michaelsharp.org>>

# The Ring of Truth Sacred Secrets of the Goddess

By Almine



ISBN # 978-0-9724331-4-3. Paperback. 280 pp. February 2007. Spiritual Journeys LLC. \$19.95.

As man slumbers in awareness, the nature of his reality has altered forever. As one of the most profound mystics of all times, Almine explains this dramatic shift in cosmic laws that is changing life on earth irrevocably. A powerful healing modality is presented to compensate for the changes in laws of energy healers have traditionally relied upon. The new principles of beneficial white magic and the massive changes in spiritual warriorship are meticulously explained.

*“Almine’s gifts as a mystic are a revelation to all who know her. She is an international phenomenon and certainly deserves to be.”* — His Excellency Sir Colville Young, M.B.E., Ph.D., Governor General of Belize.

*“What a priceless experience to be able to catch a glimpse into one of the most remarkable lives of our time. This book is bound to have an indelible impression.”* — Ambassador Armen Sarkissian, former prime minister of the Republic of Armenia and astrophysicist at Cambridge University, U.K.

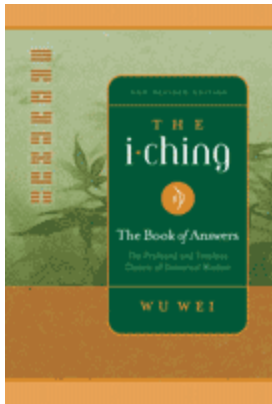
**About the Author:** Almine is a Toltec three-pronged Nagual, mystic, healer, and teacher who for years has traveled through many countries empowering thousands of individuals drawn to her comprehensible delivery of advanced metaphysical concepts. In February of 1997, Spirit instructed her to share with the world her information on ascension and mystery-school healing techniques.

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Website: <<http://www.SpiritualJourneys.com>>

# The I Ching: The Book of Answers

The Profound and Timeless  
Classic of Universal Wisdom

By Wu Wei



ISBN # 0-943015-41-3. Paperback. 416 pp. 2005. Power Press. \$15.95.

The *I Ching* is a book of answers that miraculously guides us to success in every possible situation. Yet, if we are to rely with absolute certainty on the *I Ching* for guidance to our most vital questions, we need answers that are clear and straightforward, leaving no room for confusion or misunderstanding. Wu Wei has guided thousands of people in the use of this great book and knows precisely what you need so you can put your trust in its prophetic guidance.

This newly revised and expanded edition of Wu Wei's well-loved version of the *I Ching* is unparalleled in its clarity, making this the easiest-to-grasp *I Ching* ever published. Wu Wei's insightful interpretations of the *I Ching*'s sixty-four hexagrams provide perfectly clear, unambiguous direction while remaining completely true to the ancient writings. You will know exactly what action to take to avoid misfortune and achieve success.

The *I Ching* is one of the world's most profound sources of universal wisdom. Its origins date back more than six thousand years to the great sage Fu Hsi and it lies at the root of both Confucian and Taoist philosophies. Over the ages, philosophers, warriors, statesmen, and people like you have consulted this ancient classic to seek direction, success and good fortune in their lives.

*"The meaning of each of the kua, the symbolic configurations, is explained clearly and beautifully. This is a lovely book to have on your shelf and to use whenever you have questions about the mysterious unfolding of events in your universe."* - **Magical Blend.**

*"Wu Wei's revised edition of the I Ching is a beautiful and clear adaptation of the ancient text for the modern user. His explanations are clear and easy to understand and his language and the answers and cautions given in the various kua are both profound and relevant. The I Ching is a universal wisdom that stands the test of time, and Wu Wei's adaptation is germane to the modern reader."* - **L.A. Yoga.**

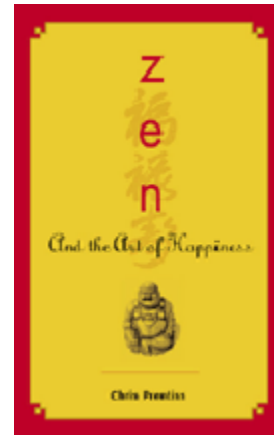
**About the Author:** Wu Wei, the author of ten books on the *I Ching*, is world-renowned for interpretations that make the ancient and sometimes difficult-to-understand subject of the *I Ching* easy to use and apply.

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Website: <<http://www.Power-Press.com>>

# Zen and the Art of Happiness

By Chris Prentiss



ISBN: 0-943015-53-7. Paperback. 160 pp. August 2006. \$10.95.

A timeless work about the Zen of happiness—the art of happiness, the way of happiness, the inner game of happiness. The “Zen” of doing anything is doing it with a particular state of mind that brings the experience of enlightenment—and through that experience, happiness. In *Zen and the Art of Happiness*, you will learn how to think and feel so that what you think and feel creates happiness and vibrancy in your life rather than gloominess or depression.

Cutting-edge science and spirituality tell us that what we believe, think, and feel actually determine the makeup of our body at the cellular level. We all have a personal philosophy that influences our thoughts and feelings. It deals with what we have come to believe about the world, its people and its events—about how those events affect us and how we affect them. Whatever your personal philosophy is, it is completely responsible for your state of happiness and well-being because it determines how you respond to events that come into your life.

How can we change what we believe when our experience has convinced us otherwise? By creating a new experience.

The gentle wisdom of *Zen and the Art of Happiness* will show you how to invite those magnificent experiences into your life and create a philosophy that will sustain you through anything.

*"Zen and the Art of Happiness by Chris Prentiss (cofounder and codirector of Passages Substance Abuse Treatment Center) is a pocket-sized and highly portable 160-page book presenting practical, spiritual, applicable wisdom from the Eastern philosophy of Zen Buddhism designed to provide the reader with a positive, uplifting message that we can affect and influence the very makeup of our body at a cellular level through what we believe, think, and feel. That when we create happiness and vibrancy within our lives we are better able to adapt to life's inevitable stresses and changes. By learning to deal with stress and change in healthy ways, we create, nurture, and perpetuate 'mindful happiness' in our daily lives. Zen and the Art of Happiness is enthusiastically recommended and 'user friendly' reading for anyone seeking to enhance their spirituality, deal with life's stresses, and improve their physical, emotional, and spiritual well-being."*  
- James A. Cox, Editor-in-Chief, **Midwest Book Review.**

*"Prentiss has written a charming book that is perhaps not quite as 'Zen' as its title might suggest; that is, Prentiss's own engagement with Zen Buddhism is quite sincere, but the book should not be taken as a guide to the spiritual practice. Prentiss's principal sense of Zen is that of awareness of every present moment; armed with that, he shows readers, with humor and zest, how to live in the now and change our futures. For most collections."* - **Library Journal.**

*"The big-bellied, somewhat eccentric laughing Buddha on the cover tells it all. The author does not believe that happiness depends on being the*

same size as models in the fashion magazines, finding the perfect mate, filling one's house with cutting-edge electronic gadgets, or studying meditation with the current 'it' guru. Chris Prentiss reveals the secret to happiness on page three. 'There is only one way to achieve lasting happiness. That way is simply: Be happy.'

"After acknowledging the negative response those two sentences are likely to engender, he continues. 'This new way of life begins with two simple questions....Would I want this to be true: "Every event that befalls me is absolutely the best possible event that could occur" and "Will I give that a chance to be true?'

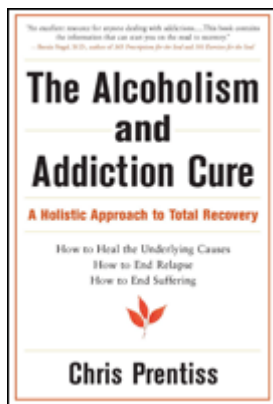
"The book reflects a long-standing esoteric maxim: We create our own reality. What makes this work different from so many others is the personal energy, knowledge, and insight with which he communicates. He draws on Eastern and Western philosophy, modern science, and personal—sometimes catastrophic—experience to explain why believing circumstances will benefit us is what will, ultimately, cause this to be true. His life has been filled with challenges he has turned into opportunities. He does not lecture to us from a pedestal as an enlightened being. Instead, he speaks as one who has survived the muck and mire and retained his childlike wonder and enthusiasm. Prentiss beckons us to see the world through his eyes and share his joy. It is easy to believe it is possible.

"I think Zen and the Art of Happiness, concise and reasonably priced, will be a good pick-me-up for the post holiday doldrums....It will probably do well displayed in a manner which indicates it is an easy read—light-hearted despite its serious message." - **New Age Retailer.**

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Contact: Nigel J. Yorwerth, Literary Agent. See bottom of page 8, column 1, for contact details.

# The Alcoholism & Addiction Cure: A Holistic Approach to Total Recovery

By Chris Prentiss



**ISBN: 0-943015-44-8. \$15.95. Paperback, 336 pp. 2006. Power Press. \$15.95. [Also available on CD read by the author. 10 CDs, \$39.95, 10 hrs. ISBN:0-943015-51-0.]**

Passages, in Malibu, California, is the world's most successful addiction treatment center. While traditional treatments have a relapse rate as high as 80% or 90%, the world-famous Passages has a cure rate of 84.4%. *The Alcoholism & Addiction Cure* contains the three-step holistic program to total recovery that is the basis of the miraculous success of Passages. In this revolutionary book, you will learn:

- The three steps to permanent sobriety;
- How to create a personalized, holistic treatment program to completely cure your dependency;

- The four causes of dependency;
- How your thoughts, emotions, and beliefs are key factors in your recovery;
- How to stimulate your body's self-healing potential to be forever free of dependency.

"Freedom from dependency starts with understanding that alcohol, drugs, and addictive behaviors are not the real problems," says Chris Prentiss, cofounder of Passages Addiction Cure Center. "Alcohol, street drugs, nicotine, prescription medications, food binging, gambling, and the like are merely the substances or behaviors you or your loved ones are using to cope with the real problems—anything from deep emotional pain, ill health, or depression, to hypoglycemia, a sluggish thyroid, or brain-wave pattern imbalances. Once the underlying problems are discovered and cured, the need for drugs, alcohol, or addictive behavior will disappear—along with the craving."

Prentiss should know. His son Pax was addicted to heroin, cocaine, and alcohol for ten years. They sought help everywhere, but Pax relapsed again and again. In desperation, they finally created their own holistic, hand-tailored program that was a complete break from all other programs and that combined several effective therapies. It saved Pax's life. Together, father and son founded Passages to help others find their own freedom.

For decades, we've been hearing that alcoholism and addiction are incurable diseases. *The Alcoholism and Addiction Cure* proves that this is a dangerous myth and that the label of "alcoholic" or "addict" destroys the promise of full recovery. Today, thousands are being freed from the old, limiting paradigms by using the groundbreaking approach spelled out in this book. A visionary and innovator, Chris Prentiss brings new hope to people everywhere who are dependent on drugs, alcohol, or addictive behaviors.

*The Alcoholism & Addiction Cure* will show you how to end relapse, end your craving, end addictive behavior, and end your suffering.

"You can't argue with their 84% success rate. It is the program on which all future treatment centers should be patterned." - Dr. Alan Blanc, psychiatrist.

"An excellent resource for anyone dealing with addictions or trying to understand their life. It will help you to define yourself and your problem in a way that will empower you and end any victim mentality. It is written in a style that is easy to understand and learn from because it is written by natives: people who have lived the message....This book contains the information that can start you on the road to recovery." - Bernie Siegel, M.D., **New York Times** bestselling author of **Love, Medicine & Miracles**, **365 Prescriptions for the Soul**, and **101 Exercises for the Soul**.

"A critically important and thoroughly 'reader friendly' instructional guide to recovery from alcoholism or addictions to other drugs or substances....The Alcoholism and Addiction Cure is a core addition to personal, professional, substance abuse treatment center, and community library health and medicine reference collections and reading lists." - **Midwest Book Review.**

"Passages claims cure rates of 84.4%. This is a book about how they do it and how anyone can do it for him/herself. This thought-provoking book causes any reader to closely examine their life. One of its premises is that it isn't the alcohol or drugs that are the problem; rather, it is usually a person's physical, mental or emotional imbalance that the substances seem to alleviate. If a person can identify the imbalance and heal it, then the drugs and alcohol are no longer lusted after....I highly suggest this book for anyone who wants to be cured or assist a loved one in finding their own cure!" - **Natural Beauty & Health.**

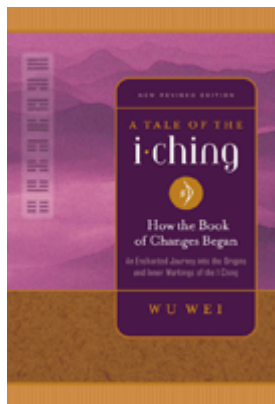
"The years of fine-tuning the [Passages] program with cutting-edge holistic healing therapies has resulted in this excellent book. I heartily recommend it to all, especially to those who have friends who have addictions." — **ReverseSpins.com.**

**About the Author:** Chris Prentiss is an author of several books as well as the founder and codirector of the world-famous Passages Residential Substance Abuse Treatment Center in Malibu, California.

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# A Tale of the I Ching: How the Book of Changes Began

An Enchanted Journey into the  
Origins and Inner Workings  
of the *I Ching* By Wu Wei



ISBN: 0-943015-47-2. Paperback. 144 pp. 2005. Power Press. \$10.95.

This magical tale takes us on an enchanted journey back in time to the origins of the *I Ching* in ancient China. It tells the story of the young village ne'er-do-well, who becomes the first disciple of the great sage emperor Fu Hsi—the creator of the *I Ching*. As Fu Hsi opens the heart of the *I Ching* to the young student who sits at his feet, the inner workings of that great book of divination are revealed. Readers the world over say that the marvelous story of *A Tale of the I Ching* opens the *I Ching* to them as never before.

“Of all the stories you have heard of the great sage ruler, even though they were magnified a hundred times, none can do him the honor he deserves. Of all people, he is the most worthy, the most honorable, the wisest. The wisdom of the world flows through him like a sparkling brook through the forest. When he speaks, time seems to cease.” - From *A Tale of the I Ching*.

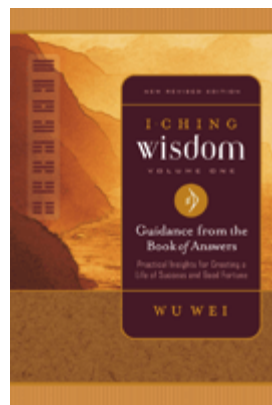
**About the Author:** Wu Wei, the author of ten books on the *I Ching*, is world-renowned for interpretations that make the ancient and sometimes difficult-to-understand subject of the *I Ching* easy to use and apply.

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Email: <nigel@publishingcoaches.com>  
Website: <<http://www.Power-Press.com>>

# I Ching Wisdom, Vol. 1: Guidance from the Book of Answers

Practical Insights for Creating a  
Life of Success and Good Fortune  
By Wu Wei



ISBN # 1-943015-42-1. Paperback. 160 pp. 101 black and white Chinese ink drawings. 2005. Power Press. \$12.95.

An invaluable companion guide to the *I Ching*. In *I Ching Wisdom*, Wu Wei has extracted the *I Ching*'s deepest wisdom in the form of simple yet profound “sayings” that the greatest Chinese sages have preserved for thousands of years because of their inestimable worth to the people. To these sayings, Wu Wei has added his enlightened comments to help us apply the magical and practical wisdom of the *I Ching* to obtain the wonderful gifts we all seek: prosperity, peace, love and happiness.

Each saying is accompanied by a delightful Chinese ink drawing done in the Zen style by the author.

“By familiarizing yourself with these sayings, you can become aware of the principles and laws that underlie all knowledge and all reality. Acting in accord with these laws can make the difference between suffering misfortune and enjoying good fortune.” - **New Age Retailer.**

**About the Author:** Wu Wei, the author of ten books on the *I Ching*, is world-renowned for interpretations that make the ancient and sometimes difficult-to-understand subject of the *I Ching* easy to use and apply.

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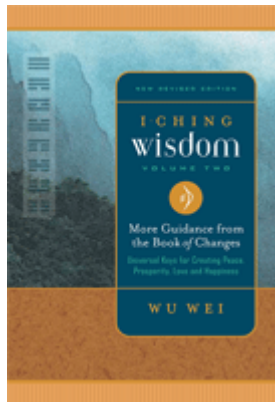
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# I Ching Wisdom, Vol. 2: More Guidance from the Book of Answers

**Universal Keys for Creating  
Peace, Prosperity, Love and  
Happiness** By Wu Wei



ISBN # 1-943015-46-4. Paperback. 176 pp. Black and white Chinese ink drawings. 2006. Power Press. \$12.95.

A sequel to the popular *I Ching Wisdom Volume One*, *I Ching Wisdom Volume Two* contains more of Wu Wei's delightful Chinese ink drawings done in the Zen style and profound sayings drawn from the *I Ching's* deepest wisdom. Wu Wei has added his enlightened comments to these sayings to help us apply the practical, timeless wisdom of the *I Ching* to our lives. The *I Ching's* insights, says Wu Wei, help us steer a safer, clearer course through the uncharted journey of our lives, teach us to recognize and avoid the pitfalls that beset the path of the unenlightened, and show us how to "soar to the heights of success and good fortune."

**About the Author:** See next column.

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## The I Ching Workbook

By Wu Wei



ISBN # 0-943015-48-0. Paperback. 334 pp. Power Press. 2005. \$19.95.

*The I Ching Workbook* contains everything you need to know about the *I Ching* and how to use it.

*The I Ching Workbook* contains the entire text of Wu Wei's newly revised and updated edition of *The I Ching: The Book of Answers* as well as one hundred special workbook pages to record your answers, a detailed explanation of how to use yarrow stalks, and a key for identifying the correct hexagram. It describes how you can work with the *I Ching*, one of the world's most profound sources of wisdom and divination, to receive guidance in every area of your life.

This workbook will help you keep an accurate record of every reading you do as well as the results you experience. As the years pass, you will be able to look back over your workbook to gain an invaluable overview of your progress on the path you have chosen for this lifetime.

**About the Author:** Wu Wei, the author of ten books on the *I Ching*, is world-renowned for interpretations that make the ancient and sometimes difficult-to-understand subject of the *I Ching* easy to use and apply.

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Website: <http://www.Power-Press.com>

## I Ching Readings: Interpreting the Answers Getting Clear Direction from the Ancient Book of Wisdom

By Wu Wei



ISBN # 1-943015-43-X. Paperback. 304 pp. 2005. Power Press. \$14.95.

An invaluable and indispensable companion to the classic Chinese book of wisdom. *I Ching Readings* is the only book ever published that shares the real-life stories of people who have consulted the *I Ching*—their questions, the answers they received and the events that followed.

Wu Wei's informative stories show how the *I Ching* unerringly guides people to great success—and how misinterpreted guidance can lead lives off track. In this insightful work, you will also learn how to understand and interpret answers you receive from the *I Ching* and, just as importantly, how to phrase your questions to obtain the best possible answers.

"It is a great comfort," says Wu Wei, "to know that no matter how monumental our problem, there is a solution to it that will put us in a better situation than we were before the problem arose."

**About the Author:** Wu Wei, the author of ten books on the *I Ching*, is world-renowned for interpretations that make the ancient and sometimes difficult-to-understand subject of the *I Ching* easy to use and apply.

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Contact: Nigel J. Yorwerth, Literary Agent.  
For contact details, see preceding book, *The I Ching Workbook*, by Wu Wei.



# The I Ching Gift Set

By Wu Wei

ISBN # 0-943015-49-9. 2005. Power Press. \$19.95. Book has 416 pages.

The *I Ching Workbook* contains everything you need to know about the I Ching and how to use it.

**Great wisdom and a beautiful gift.** The *I Ching Gift Set* includes Wu Wei's newly revised and updated edition of *The I Ching: The Book of Answers* plus 50 yarrow stalks (the original and most favorable way to access the ancient wisdom of the I Ching), hand-picked in Northeast China. The *I Ching Workbook Gift Set* is beautifully packaged for gift giving.

"The meaning of each of the kua, the symbolic configurations, is explained clearly and beautifully. This is a lovely book to have on your shelf and to use whenever you have questions about the mysterious unfolding of events in your universe." — **Magical Blend.**

"Wu Wei's revised edition of the I Ching is a beautiful and clear adaptation of the ancient text for the modern user. His explanations are clear and easy to understand and his language and the answers and cautions given in the various kua are both profound and relevant. The I Ching is a universal wisdom that stands the test of time, and Wu Wei's adaptation is germane to the modern reader." — **L.A. Yoga.**

**About the Author:** Wu Wei, the author of ten books on the *I Ching*, is world-renowned for interpretations that make the ancient and sometimes difficult-to-understand subject of the *I Ching* easy to use and apply.

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# The I Ching Workbook Deluxe Gift Set

By Wu Wei



ISBN # 0-943015-50-2. Power Press. \$27.95. 2005. Book has 334 pages.

The *I Ching Workbook* contains everything you need to know about the I Ching and how to use it.

**Everything you need to use and interpret the I Ching.** The *I Ching Workbook Deluxe Gift Set* includes The I Ching Workbook, 50 yarrow stalks (10"), sandalwood incense, Auroshikha incense holder, and a silk I Ching cloth.

The *I Ching Workbook*, which is a part of this set, contains the entire text of Wu Wei's newly revised and updated edition of *The I Ching: The Book of Answers* as well as 100 special workbook pages to record your answers, a detailed explanation of how to use yarrow stalks, and a key for identifying the correct hexagram. It describes how you can work with the *I Ching*, one of the world's most profound sources of wisdom and divination, to receive guidance in every area of your life.

The *I Ching Workbook Deluxe Gift Set* is beautifully packaged for gift giving.

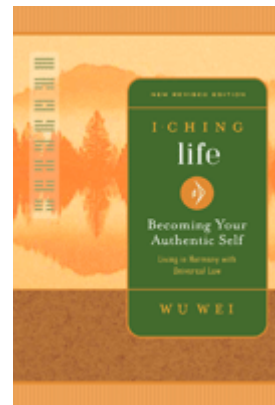
**About the Author:** Wu Wei, the author of ten books on the *I Ching*, is world-renowned for interpretations that make the ancient and sometimes difficult-to-understand subject of the *I Ching* easy to use and apply.

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Website: <<http://www.Power-Press.com>>

# I Ching Life: Becoming Your Authentic Self

New Revised Edition  
By Wu Wei



ISBN # 0-943015-52-9. Paperback. 208 pp. Power Press. 2006. \$12.95.

Living the *I Ching* life means to live by universal laws and to understand how these laws affect us. Step by step, *I Ching Life* shows you how to apply the wisdom of the *I Ching* to achieve success in all areas of your life, including business, relationships, health, wealth, recovery, and personal goals. You will learn about the laws of the Universe embodied in the *I Ching* and, more importantly, how to live in harmony with those laws. You will discover how to flow with changing events so that anger, frustration, and despair disappear from your life. In this insightful and empowering book, you will also learn how to access the unerring guidance of the *I Ching* to protect yourself from danger and make the decisions that are right for you—at the right time.

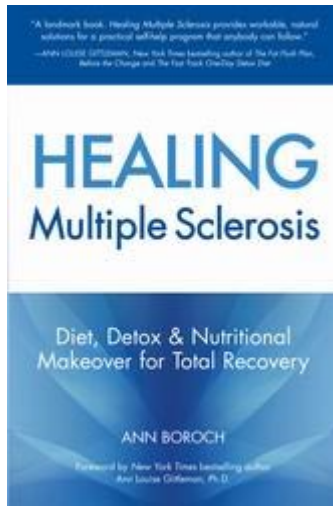
"Now in a new revised edition, *I Ching Life: Becoming Your Authentic Self* distills the wisdom found within one of the most ancient forms of Chinese wisdom and divination. Wu Wei, author of a dozen books on Chinese philosophy and personal growth, presents the most enlightening secrets of I Ching in plain terms, as well as offering a simple tour of how the I Ching works. Enthusiastically recommended for anyone with an interest in the metaphysical rhythms and life-transformative lessons that can be drawn from millennia of Chinese philosophy. It is unworthy of us to believe that our magnificent Universe, which contains such beauty and grandeur, would crown the ending of our lives with emptiness." — **Midwest Book Review.**

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# HEALING Multiple Sclerosis: Diet, Detox & Nutritional Makeover for Total Recovery

By Ann Boroch



ISBN # 0-9773446-06. Paperback. 352 pp. April 2007. Quintessential Publishing. \$15.95.

Multiple sclerosis can now be healed, and this book shows you how. Though MS is widely believed to be incurable, Boroch's breakthrough treatment protocol can dramatically restore patients to health.

This landmark book describes: The author's own tumultuous journey; Her quest for a cure; Case histories of those who have triumphed over MS; The real causes of MS; How to develop a personal treatment plan; Everything you need to know about recovery, including a detailed and effective self-help protocol treatment; Delicious recipes and recommended foods; with two weeks of sample menus; A five-week nutritional makeover, recommended supplements, and a daily supplement schedule; User-friendly charts and resources.

*"A landmark book with workable, natural solutions for a practical self-help program that anybody can follow."* — Ann Louise Gittleman, **New York Times** bestselling author of *The Fat Flush Plan*, *Before the Change* and *The Fast-Track One-Day Detox Diet*.

*"A book filled with useful information which, when combined with the desire and intention of someone who chooses to be a survivor and participate in their healing, can provide results which far surpass what is expected."* — Bernie Siegel, M.D., **New York Times** bestselling author of *Love, Medicine and Miracles* and *Help Me to Heal*.

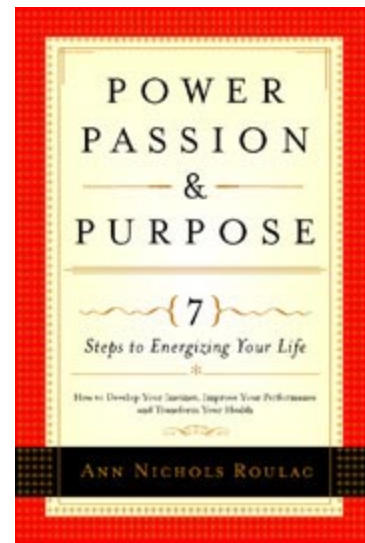
*"This is a vitally important must-read for patients and families alike."* — David Perlmutter, M.D., FACN, author of *The Better Brain Book*.

**About the Author:** Ann Boroch is a naturopath, certified clinical hypnotherapist, certified nutritional consultant, certified iridologist, educator, author and inspirational speaker. She is a graduate of the International Society of Naturopathy, the Holmes Center for Hypnotherapy, the American Association of Nutritional Consultants, and Bernard Jensen's International Iridology Practitioners Association. In addition to Ann's formal schooling, she continues to study functional medicine of both the physiological and psychological bodies. Ann believes that perfect health, on every level, lies within one's power. She was diagnosed with the debilitating disease multiple sclerosis and cured herself ten years ago.

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# POWER, PASSION & PURPOSE: 7 Steps to Energizing Your Life

By Ann Nichols Roulac



ISBN # 0-9773323-2-2. Paperback. 215 pp. June 2006. Green Island Publishing. \$16.95.

Ann Roulac believes the primary issue confronting 21st-century individuals is wellness—mental, emotional, physical and spiritual. Overwork, job insecurity, economic uncertainty, and information overload are at an all-time high. At the same time, we are on the cusp of a health and wellness revolution with energy management at its center.

*Power, Passion & Purpose* explores the role of energy in dealing with the challenges of our modern lifestyle. High degrees of stress and a lack of clarity and purpose not only impair health, but also our ability to make effective life decisions. When people are fully engaged—mentally, physically, emotionally and spiritually—they have the capacity for decisive action. Readers learn how to:

- Identify their own unique genius, their personal power, and their life purpose;
- Improve their instinct and make faster and more accurate decisions;
- Raise their physical, mental, emotional and spiritual intelligences;
- Abandon worries about "what others think," and follow their passions and dreams;
- Slow down, simplify life and create a greater sense of harmony.

*"Power, passion and purpose are what we all need in our lives. When they manifest as a part of your life, you will be enabled to create the future you desire. Ann Roulac's book will give you all the information you need to make this happen, and I know from experience that when you combine her information with your inspiration, the result will amaze you."* — Bernie Siegel, M.D., author, *365 Prescriptions for the Soul* and *101 Exercises for the Soul*.

"...The majority of the world's population would greatly benefit from reading and utilizing this information. It is as powerful as the Book of Miracles and any of Carlos Castaneda's books, yet as simple as Jonathan Livingston Seagull." — Michael Peter Langevin, CEO, CSI Media Corp., and author of *Secrets of the Ancient Incas*.

"It would be easy to categorize Ann Roulac's book as yet another quest for the Aquarian Holy Grail: a technology for perpetual energy, vitality and contentment to improve society. But Roulac has amassed such a comprehensive volume of information that she establishes herself as an avatar of energy, a shaman of self-empowerment." — *L.A. Yoga*, June 2006.

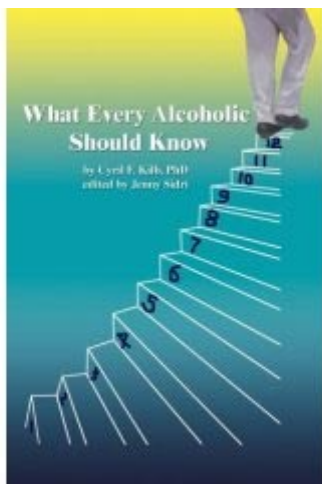
**About the Author:** Ann Roulac, a San Francisco Bay Area resident, is an author, speaker, business leader and personal coach. With the unique blend of a business background in corporate America and a lifelong study of ancient and indigenous cultures, Roulac combines self-help and business expertise to support individuals in achieving their full business and personal potential. Her sense of adventure has led her to the jungles of Guatemala, the mountain ranges of Nepal and the pyramids of Egypt.

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Email: <nigel@publishingcoaches.com  
Website: <<http://www.power-passion-and-purpose.com>>

## What Every Alcoholic Should Know

By Cyril F. Kilb, Ph.D.



**ISBN # 0595360955. Paperback. 75 pp. February 2006. Jenny Sidri. \$10.95.**

Are you a recovering alcoholic who continues to slip? Do you suffer from unpleasant emotions?

Understanding the why of these problems can help every alcoholic. In the groundbreaking book *What Every Alcoholic Should Know*, Dr. Cyril Kilb clarifies the scientific relationship between negative thinking and unpleasant emotions that results in psychosomatic illnesses.

An alcoholic is the victim of psychosomatic illness, a physical illness caused by unpleasant emotions that begin in the mind. The seeds of every alcoholic's wrong thinking lurks in his or her subconscious mind, ready to tempt him into another slip. These unpleasant emotions create the compulsion to drink, and the alcoholic craves more and more alcohol once the habit is established. *What Every Alcoholic Should Know* explains the workings of the alcoholic's mind and shows how we can use this information in scientific self-therapy.

Apply these easy-to-understand principles of self-analysis to conquer physical and mental disease and achieve true sobriety, health, and happiness!

**About the Author:** For over 50 years, Dr. Cyril F. Kilb directed the Motivational Research Institute, providing consultation therapy overseas and in the United States. He and his wife were guest lecturers in Spain and received the coveted San Sebastian Medal in recognition of their outstanding contributions to motivational psychology.

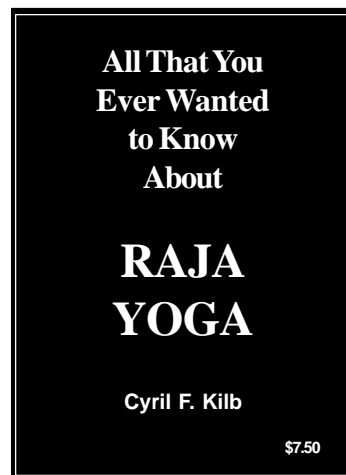
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## All That You Ever Wanted to Know About

### Raja Yoga

By Cyril F. Kilb, , Ph.D.



**ISBN # 0963830406. Paperback. 63 pp. 1994. Jenny Sidri. \$7.50.**

This book takes the mystery out of Raja Yoga and does away with the many misconceptions about this time-honored way of life. The practice of Raja Yoga improves a person's physical and mental well-being and teaches a person how to find his/her own true nature and the reason he or she was born.

As a motivational consultant, the author taught his clients many of the techniques described in this book, including the tapping of one's unconscious mind for new ideas and solutions to problems.

The author also regressed many clients who, while in the trance state, identified themselves in different lifetimes, giving credence to reincarnation. Read information about the mind not found in any other Raja Yoga books.

**About the Author:** For over 50 years, Dr. Cyril F. Kilb directed the Motivational Research Institute, providing consultation therapy overseas and in the United States. He and his wife were guest lecturers in Spain and received the coveted San Sebastian Medal in recognition of their outstanding contributions to motivational psychology.

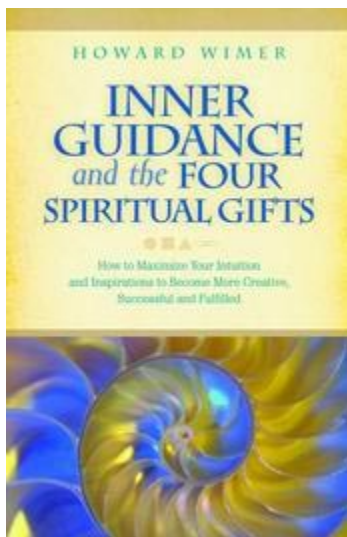
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# INNER GUIDANCE and the Four Spiritual Gifts

How To Maximize Your Intuition and  
Inspirations to Become More Creative,  
Successful and Fulfilled

By Howard Wimer



ISBN # 0-9789645-0-0. Paperback. 240 pp. June 2007. Inner Expansion Publishing. \$15.95.

Each of us is born with four spiritual gifts which are the foundation of our communication and intuition in daily life. Determining how we relate to others, these gifts are very much like our personality traits. These gifts are:

- Clairvoyance, or inner vision;
- Clairaudience, or inner thoughts or ideas;
- Prophecy, or inner knowing;
- Healing, or inner feelings.

This intriguing and practical book shows readers how to identify their primary gifts—their strong points and main avenues of communication—and how to use them to make the best decisions. Readers also learn how to make the most of the hunches, visions, ideas and feelings they receive every day from the inner self. They'll discover the true source of inspiration and how to recognize it, trust it, and act on it.

A unique and perceptive look at what really shapes our personality and the inner skills that determine our success and happiness, this wonderful book demonstrates how anyone can use each of the four gifts to better relate to and communicate with themselves, their inner guidance and others in their personal, family and business lives.

**About the Author:** Howard Wimer has been involved in the personal growth field for over 30 years. He has given lectures and workshops in 13 countries, and is the founder of Inner Expansion Workshops for the Soul®. He lives in Irvine, California.

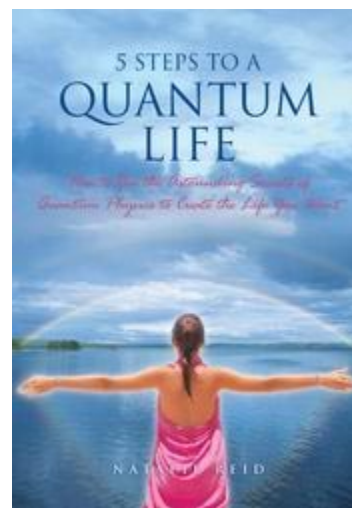
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# 5 STEPS TO A QUANTUM LIFE

How to Use the Astounding  
Secrets of Quantum Physics to  
Create the Life You Want

By Natalie Reid



ISBN # 0-9722110-0-X. Paperback. 224 pp. 2007. Winged Horse Publishing. \$14.95.

The mysterious workings of the quantum—home of subatomic particles, the tiny building blocks of the universe—demonstrate that we are far more influential in shaping the course of our lives than we could ever imagine.

We are, in fact, co-creators with the universe. Each of us has unlimited power to improve our day-to-day lives and make the world we live in a more joyful and harmonious place.

You don't have to understand the intricacies of quantum physics to put its remarkable secrets into action. In *5 Steps to a Quantum Life*, Natalie Reid shows with unparalleled clarity how you can use the magic of this amazing science to consciously create the life you want.

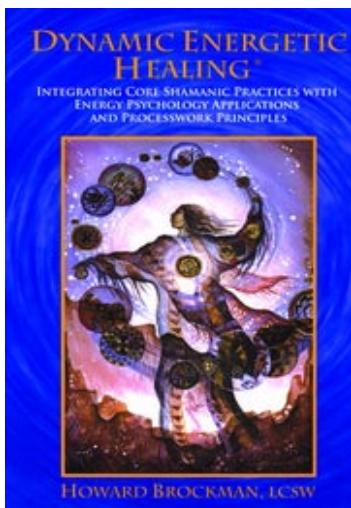
*5 Steps to a Quantum Life* deftly examines how our subconscious minds accept as reality everything we are exposed to, even if the information is toxic or untrue. It explores how we can heal issues from the past, avoid self-sabotage, and make extraordinary changes in relationships, work, finances and any other area of our lives.

In *5 Steps to a Quantum Life*, Reid provides you with powerful techniques and guided meditations that will stimulate your subconscious mind to create exactly the life you want. If you liked the movie *What the Bleep Do We Know?!*, you will love *5 Steps to a Quantum Life*.

**About the Author:** Natalie Reid lives in the San Francisco Bay Area. Thirty years of experience in psychology, meditation and mind-body work, and an intensive study of quantum physics, have gone into the practical and easy-to-use 5-step process she unfolds in *5 Steps to a Quantum Life*. She has a Ph.D. in psychology and works with clients over the telephone, consulting on a variety of personal and professional issues.

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## DYNAMIC ENERGETIC HEALING®

Integrating Core Shamanic Practices with Energy Psychology Applications and Processwork Principles

By  
Howard Brockman LCSW

## Open the Coffin

A True Story of the Supernatural

By Paul Casey



The Medium

ISBN 10: 0-9766469-3-5. ISBN 13: 978-0-9766469-3-8. Hardcover. 496 pp. III. February 2006. Columbia Press LLC. \$27.95.

Howard Brockman introduces Dynamic Energetic Healing® as a non-traditional alternative for the millions of people frustrated with the over-prescription of anti-depressants and countless hours of talk therapy by combining contemporary psychotherapy with ancient spiritual healing practices.

Dynamic Energetic Healing® is a new energy-based psychotherapy model, combining energy psychology, core shamanism, and process-oriented psychology. The model assists readers to release and eliminate trauma caused by unidentified sources of anxiety, depression and relationship difficulties. Brockman's book explains the DEH® model and its practical applications, along with providing seventeen in-depth case studies that illustrate the model's successful implementation. **Dynamic Energetic Healing® was selected as a "Finalist" in the New Age: Non-Fiction category of "Best Books 2006" Book Awards from USABookNews.com.**

"Very highly recommended reading for the student of energy healing and in-depth metaphysics." - **Midwest Book Review.**

"One of the most complete and comprehensive books on energy healing. This book is a wonderful tool for anyone wishing to utilize the many energetic techniques available to us today." -The Immrama Institute.

"Provides a wealth of information; creatively synthesizing ancient spiritual healing practices with modern psychotherapy to create a holistic approach to healing. This book contains powerful healing!" - Sandra Ingerman, M.A., author of **Soul Retrieval** and **Medicine for the Earth.**

"DEH® helps bridge the gap between Eastern and Western medicine, offering new ways to approach client work and our common goal of planetary healing." -Alberto Villoldo, Ph.D., author of **Shaman, Healer, Sage.**

**About the Author:** Howard Brockman, LCSW, is a psychotherapist with over 26 years in private practice. He is a frequent guest on talk radio and presents his work at national and international conferences including the annual International Conference on Comprehensive Energy Psychology and the annual Conference for the Society of Shamanic Practitioners. He is the founder of The North American Center for Dynamic Energetic Healing®, with Master's degrees in Social Ethics/Religious Studies and Social Work. He has 20 years of experience in Kundalini Yoga and meditation, with extensive training in processwork, core shamanism (since 1981) and energy psychology. Howard has created a unique synthesis of psychospiritual healing methods that awaken the power of applied human consciousness. These methods come together powerfully in Dynamic Energetic Healing®. Howard is married with two sons and two Samoyeds. He resides in Salem, Oregon.

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Website: <<http://www.DynamicEnergeticHealing.com>>

ISBN 0-595-67255-8. Hardcover. 260 pp. 2005. iUniverse. \$16.95.

The apparition that entered Paul Casey's dreams, and then one day his office, had once been the mother of emperors, kings and queens—Juana I of Spain, for 51 years ruler of "all the lands to the west of Africa." Scarcely known today, in the 16th century Juana tried to establish a democratic government that would have spanned the Americas from pole to pole. Her reward was to be betrayed by her family, declared insane, and committed to the horrors of a stone room without light, where she remained until her death in 1555, nearly a decade later.

Why is Juana I only a footnote in the history books? The answer is a sinister one. She was too naive, too passionate, too outspoken—too much trouble. The victim of an international conspiracy that has remained a dark secret for close to 500 years, she was made to disappear.

Her re-appearance in a 20th-century office building was independently perceived by others. For a week the office of Paul Casey was alive with mental flashes, reenactments of treachery, high treason, and mind-games. Then, partly with the help of a psychic, Juana I began to unfold her passionate, dramatic story. Then Paul Casey began to fall in love with her...

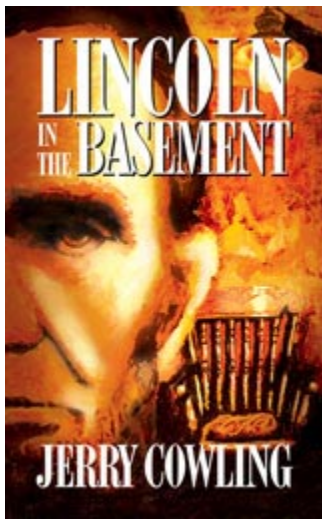
"A fascinating and compelling exploration of the life of Juana of Trastamara (older sister of Catherine of Aragon, wife of Henry VIII), better known as La Loca, the Mad Queen of Spain. Casey...is a physicist, psychic, mystic, and writer.... Thirty-five years ago the ghost of Juana visited him and he found himself channeling her life, a deep dark experience that took hold of his life and would not let go until he had given voice to her passion and anguish by writing about her 20 years later, first in a book, then as a play which was ultimately staged at the Stella Adler Theatre. Open the Coffin not only sheds light on a tragic, forgotten historical figure—even though Juana fought valiantly to bring democracy to the 16th Century, she is rarely mentioned in most reference books—but it explores with urgency and power the non-linear, mystical side of life where, as Casey puts it, "time and space restraints shut down." - Willard Manus, **Book Scope**, January 2006.

**About the Author:** One of today's top theoretical physicists, Paul Casey has proposed an alternative energy process that harnesses the rotation of the earth. Developer of the famous California Spangled cats (announced by Neiman Marcus), he has written for prime-time TV, film and the stage; his Lassie episodes won the National Humane Society Award. He is also a well-known photographer and pianist. All his friends, however, know him as a psychic—someone who has been able to predict the future.

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# Lincoln in the Basement

By Jerry Cowling



ISBN 1589822684. Softcover. 308 pp. 2005. American Book Publishing. \$22.00.

The year is 1862. President Lincoln and his wife are kidnapped by Secretary of State Edwin Stanton, imprisoned in the White House basement, and replaced by doppelgangers.

What would have been the repercussions of such a bizarre—and yet, as described by novelist Jerry Cowling, plausible—alternative development in American history?

The answer: Political intrigue, fueled by arrogance and lust for power, propel a Civil War nightmare. Historical reality is twisted into an emotional and dramatic allegory drawn from today's international headlines.

No one will finish this novel without forever wondering who actually makes the decisions coming from the White House: the person we call the president, or some shadowy figure lurking in the background?

*"Sure to provoke controversy, Cowling's intriguing Civil War tale of a Lincoln doppelganger is set in a skillfully described wartime White House, populated with engagingly drawn characters drawn by Edwin Stanton into a scenario of 'what-might-have-been.'" - David Cleutz, author, War & Redemption-A Civil War.*

*"Lincoln in the Basement is intelligently written and psychologically insightful with good character development. A great combination of the historical and fanciful. Both emotional and thought-provoking." - Jaclyn Lurker, author, Cryer's Valley.*

**About the Author:** Born in the North Central Texas town of Gainesville, Jerry Cowling grew up with a taste for history as romance, from fantasizing about finding the lost cache of stolen gold hidden by Old West outlaw Sam Bass, to empathizing with a Roman child experiencing the eruption of Mount Vesuvius at Pompeii. A graduate of East Texas State University with degrees in Journalism and English, he spent ten years working for newspapers from Kingsport, Tennessee, to Dallas, Killeen and Temple, Texas. *Lincoln in the Basement* is his first published novel. He has had a play published by Eldridge Publishing Company, Tallahassee, Florida, and has written several other plays which have received productions and staged readings in Oregon, California, Texas and Florida.

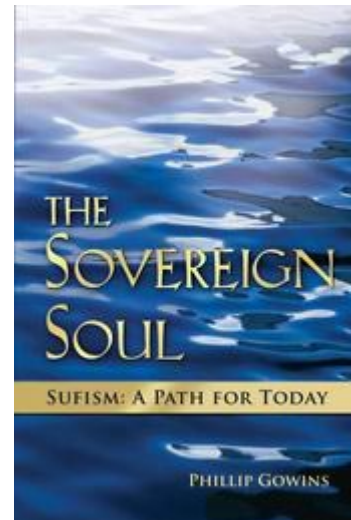
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# THE SOVEREIGN SOUL

## Sufism: A Path for Today

By Phillip Gowins



ISBN 978-1-892138-10-1. Paperback. Preface. 224 pp. July 2006. New Paradigm Books. \$16.95.

The aim of the 1,500-year-old spiritual tradition of Sufism, it has been said, is "the elimination of all veils between man and God." In June 2004, Sufi Master Pir Vilayat Inayat Khan died peacefully at his home in Paris, France. As leader of the Sufi Order International which first brought Sufism to the West in 1910, Pir Vilayat had spent more than 40 years teaching this and other truths of Sufism to audiences in the U.S., Europe and Asia.

For 25 years, Sufi teacher Phillip Gowins was able to take advantage of the many visits of Pir Vilayat to the New York area of the U.S. Thus *The Sovereign Soul: Sufism: A Path for Today* is a homage to the Master, providing as it does an introduction to the ancient stream of wisdom embodied by Sufism, but present in other religions and humanistic philosophies as well, that Pir Vilayat was able to impart to students around the world.

*The Sovereign Soul* is also a description, always concrete, often humorous, of the mystical path that Phillip Gowins himself has pursued over the years. With many examples and exercises, he shows us how we can practice the spiritual life ourselves. The path he lays out is strewn with pitfalls and pleasures alike. He tells us how we can avoid the one and enjoy the other, and attain to love and self-mastery in the increasingly complex 21<sup>st</sup> century.

#### From the Preface by Debra Bunch Ghosh (Abi-Ru Shirzan):

Sufis tend to emphasize that, as a form of communication, words are too limited to have great value. Even Rumi, the prolific poet, whose 30,000 verses top American bestseller lists 750 years after his death, scoffed at the ability of words to convey 'that Reality.' A Sufi book, then, is something of a paradox. It is a collection of words about something that cannot be conveyed in words. Phillip Gowins, in this insightful personal narrative, acknowledges as much, more than once.

Why read it, then? Rumi, asked a similar question, replied, 'Words set you searching. They are not the objects of your quest... Words are like glimpsing movement far in the distance. You start in that direction to see better.' And so, in reading the words that follow, you set your feet on a trail.

Just the act of picking up this book and glancing at it suggests you are a seeker. You may have been intrigued by its title and wanted to know more. You may even have heard about Sufis and wondered who they are...

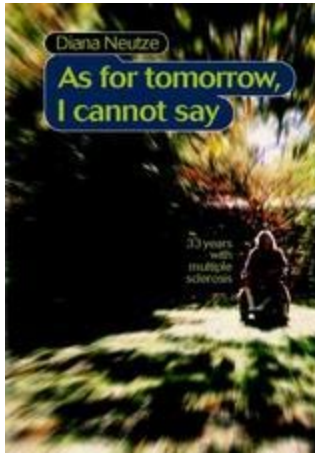
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# As For Tomorrow, I Cannot Say

33 Years with Multiple Sclerosis

By Diana Neutze



A joint publication of New Paradigm Books and Hazard Press, New Zealand <<http://www.hazard.co.nz>>. ISBN 1877270172 (N.Z.). ISBN 1892138069 (U.S.). Paper. 104 pp. February 2002 (U.S.). \$13.95.

New Zealand poet Diana Neutze was in her late 20's, living in London with her husband and young son, when she discovered that she had multiple sclerosis. More than three decades later, wheelchair-bound and largely confined to her Christchurch home, she has told her remarkable story. Fiercely independent and passionately determined, she has fought the illness with every psychological and physical weapon in her armory. *As For Tomorrow, I Cannot Say* is a tribute to the power of the human spirit.

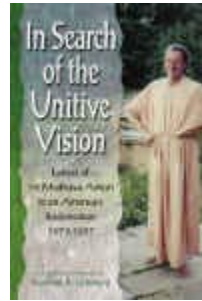
"I am recommending it to young doctors because it contains insights into managing multiple sclerosis that they will not find in their textbooks." - Jon Simcock, M.D., Neurological Foundation of New Zealand, Auckland

"It's difficult to write of your own misfortunes without self-pity. It's also difficult to live with long illness without becoming self-centered. Diana Neutze's autobiography of multiple sclerosis, though, shows that both are possible. Neutze is a New Zealand poet and historian, who contracted MS in her 20s but who managed to teach at university, publish several books and travel overseas, in spite of continually having to adjust to physical degeneration. Given the unforgiving nature of her disease, Neutze's achievements show admirable strength of character, but read her book and you'll quickly realize that, even better, her outlook is suffused with humour (often directed at her predicament) and an abiding interest in other people. This humility lifts Neutze's book from being a mere chronicle of an illness into a manifesto of spunk. As a chronicle, it is successful enough. Indeed, it illuminates the inner and outer lives of the multiple sclerosis victim with sensitivity and perception. Reading it, I felt privileged to be admitted to her private world, and grateful for her insights into life with a severe disability. It is attractively written, witty, interesting, and sprinkled with poetry—which makes a successful book by anyone's standards. But the best thing about this little book is that "victim" isn't part of Neutze's vocabulary. By the time you've finished it, you won't be surprised to learn that the manuscript was typed with only one finger in a single month!" - *Wanganui Newspapers*, N.Z., April 23, 2002.

"This book is a revelation and an inspiration...[It] deserves to remain in print forever, as a classic resource." - *Quality Web Content*. - "A story of courage, determination and extraordinary creativity." - Helen J. O'Neill, *TAKAHE Literary Magazine*.

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# In Search of the Unitive Vision



Letters of Sri Madhava  
Ashish to an American  
Businessman,  
1978-1997

Edited with a Commentary by  
Seymour B. Ginsburg

ISBN 1-892138-05-0. Paperback. 304 pp. Illustrated. 2001. New Paradigm Books. \$19.95.

## 1 A How-to Manual: the Antidote to Parmalat and Enron.

Chicago-born Ginsburg was a successful American entrepreneur, the co-founder of Toys-'R-Us, before he met Sri Madhava Ashish. His relationship with the guru brought home to him the necessity of tempering business practices with humanity and justice.

## 2 A Primer of Esoteric Literature.

The decisive influences on Sri Madhava Ashish were Vaishnava, Theosophy, and G. I. Gurdjieff. In five essays reprinted in full in this book, the Scots-born, adoptive-Indian monk eloquently conveys the essence of Vaishnava. Moreover, in detailed narrative threads running through the book, Seymour Ginsburg provides basic information on G.I. Gurdjieff's Fourth Way and H.P. Blavatsky's Theosophy. All of this material, taken altogether, constitutes a rarely-seen, comprehensive, basic introduction to esoteric literature.

## 3 A Uniquely Brief, Comprehensive Introduction to Gurdjieff.

Mr. Ginsburg's account is developed in such a way that readers knowing nothing about Gurdjieff at the beginning of *In Search of the Unitive Vision* will know how to read with understanding Beelzebub's Tales to His Grandson by the time they've finished.

## 4 Casts New Light on Theosophy in India

in the early 20th century, particularly in its account of the lives of theosophy leader Dr. G. N. Chakravarti and his wife Monica (prior to her becoming the Vaishnava monk Yashoda Mai), and the foundation and growth of Ashish's Mirtola ashram under the guidance of Yashoda Mai and the England-born Sri Krishna Prem.

"[Madhava Ashish was the] last English saint....came to India to repair spitfires, stayed to tame the inner fire." - *This Week* of India

"Ginsburg is able to create an atmosphere of the palpable presence of the master by providing quotations from his letters and articles." - Jagdish C. Nautiyal, Ph.D., Professor Emeritus, University of Toronto

"[Ashish's] responses, always full of insight and sometimes wry humour, throw an impartial light on theosophy, the Gurdjieff Work and Indian spirituality." - Ravi Ravindra, Chair, Comp. Rel. Dept., Dalhousie University.

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